

Asthma Survey Question List

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List of Survey Questions

Group	Question
Adherence score	Do you sometimes forget to take/use your medication?
	Thinking over the past two weeks, were there any days when you forgot to take your medication?
	Have you ever cut back or stopped taking your medications without telling your doctor, because you felt worse when you took it?
	Did you take your medications yesterday?
	When you feel like your health condition is under control, do you sometimes stop taking your medications?
	Do you ever feel hassled about sticking to your treatment plan?
	Prior to COVID-19, how often did you find it difficult to take all your medications simply due to daily life?
Asthma traits	How often do you have your inhaler with you when you...(travel abroad, go to work, socialise)
	I am diagnosed with mild; severe asthma
	How long have you had asthma?
Demographics	Which type of inhaler are you prescribed with?
	What is your age?
	What is your gender?
	What is the highest level of education you have completed?
	What is your current work status?
Perceptions	What is your total annual household income before tax?
	Do you have any allergies?
	People sometimes joke about asthma to put me down.
	People would make jokes about asthma in front of me.
	I do not use my inhaler in public because people might make fun of me.
	Media (films, TV shows, etc.) generally portray asthma in a positive light.
	Society perceives people with asthma as strong.
	People would treat me differently if they knew I had asthma.
	I have been discriminated against at work because of my asthma.
	Sometimes I feel that I am being talked down to because of my asthma.
	I worry about telling people I use an inhaler.
	Some people with asthma are weak.
	I do not think people understand what asthma really is.
I think people with asthma are as reliable co-workers as anybody else.	
I worry about how people might react if they found out about my asthma.	
I would have had better chances in life if I had not had asthma.	
I do not tell people at my workplace that I have asthma.	
I prefer if people did not see me using my inhaler.	
I am angry with the way some people have reacted about my asthma.	
I have not had any trouble with people because of my asthma.	
Even though I am diagnosed, I think I may not have asthma.	
My asthma is not as serious as my doctor and my diagnosis say it is.	

	Using an inhaler means you are not coping well with your asthma. I would not ask other people to change their behaviour when it irritates my asthma, because it is my own problem. I get valuable information on how to cope with asthma from people online (social media, asthma online groups, etc.). I feel more understood about my asthma problems by people online than other people in my life. I don't think that support groups for people with asthma are of any use to me. I am concerned that I might get incorrect information about asthma from people I talk to online. Realizing that my experience is not unique helped me cope better with my asthma. I would rather suffer from cigarette smoke than explain to others that I have asthma.
Coping mechanisms	If asthma gets me down, I think about those who are even more seriously ill than I am. I avoid exertion. I do not try to live cautiously to avoid shortness of breath. I like talking about asthma. I try to hide my asthma. I try to think about having asthma in a positive light. I try to mature as a person through asthma-related experiences. I often try to find out more about asthma. I take note of new updates in the media concerning asthma. I try to forget that I have asthma. I pretend that asthma does not bother me at all. I am afraid that my asthma will get worse. I take my medication in advance if I think I may be in a situation that causes me shortness of breath.
Emotions	How I feel about having asthma: Sad Strong Guilty Scared Hostile Ashamed Nervous Determined Times like this make me feel guilty for not using my medication more regularly.
Lifestyle	Do you smoke? How often do you exercise? COVID-19 has affected how I use my asthma medication.
Personality traits	I see myself as: Extraverted, enthusiastic Critical, quarrelsome Dependable, self-disciplined Anxious, easily upset Open to new experiences, complex Reserved, quiet Sympathetic, warm Disorganised, careless Calm, emotionally stable Conventional, uncreative